



Sustainable living

Sustainability News October 2017



Let's be Facebook Friends!

We are now live on Facebook - A great way to stay up to date on all the latest sustainability news and events in Whitehorse.

Find us on Facebook [here](#) or simply search the handle @SustainableLivingInWhitehorse and "like" and "follow" the page.



Native Plant Propagation Workshop

When: Sat 4 November, 1-3pm

Where: Greenlink Box Hill, 41 Wimmera Street, Box Hill North

Bookings essential: Spaces are limited.
www.whitehorse.vic.gov.au/Sustainability-Events.html

Ever wondered how to start a garden without paying for plants? Join this free workshop learn how to propagate native plants from cuttings. From the science to the practice, after this workshop you will have the necessary knowledge to propagate any plant you like!



Earn rewards by living green

Join the City of Whitehorse's GreenMoney program to get rewarded for making small, positive changes to the way you live.

Activate your GreenMoney account and earn reward points for taking simple green actions such as, pledging to ride your bike, planting a tree or ditching single use coffee cups.

When you've earned enough points, redeem online for exclusive discounts including a range of fitness, lifestyle, food and experiences around the City of Whitehorse.

Activate your free rewards account at [here](#) or download the GreenMoney app for iPhone and Android.



When: Wed 18 October, 6.30 - 9am

Where: Box Hill Mall, corner of Main & Market Streets, Box Hill

Whitehorse City Council and Box Hill Institute are hosting a Free Community Breakfast for National Ride to Work Day. Riding to work is a great way to build physical activity into your day, while lightening your eco-footprint by taking another car off the road.

For more information, and to register to attend, [visit here](#).



Mums on Bikes Program*

*** Dads & grandparents welcome too!**

When: Fridays 20 & 27 October at 9.30 - 11am, and 3 November at 9.30 - 11.30am (the course is all three sessions).



Tiny House, Big Ideas

Whitehorse Seniors Festival

Come along and celebrate Whitehorse Seniors Festival on Thursday 12 October with our three major sustainability events. Individual bookings for each event required.

Cost: All events are free of charge.

Tour of The New Joneses Tiny House (BOOKED OUT!)

When: Thurs 12 October, 9.30–10 am

Where: Civic Centre Lawn (rear of building), Whitehorse City Council, 379 Whitehorse Road, Nunawading

Learn the benefits of downsizing with a visit to this sustainable demonstration house. Learn how little you really need to create a liveable, comfortable and sustainable home. Explore the life choices we can all make that can lead to a more sustainable future. Wear comfortable shoes.

Bookings essential: Click [here](#) or phone Council's Sustainability Unit on 9262 6333.

Active Ageing through Gardening

Bookings Essential: by 17 October via email justine.girgin@whitehorse.vic.gov.au

Run by a professional instructor from Bikes@Work. Join this free training program which covers bicycle confidence, skills and awareness. Designed for mums who have not ridden their bikes for a while and looking to gain confidence to get back on their two wheels.

Learn a range of skills needed to ride safely with children including preparation for riding, helmet fit, safety checks, emergency stopping, road rules and signs and your rights and responsibilities.

The first two sessions will be at a traffic-free area at Elgar Park, Mont Albert North. The last session includes a local ride, using a mix of off-road paths and local roads.



Birds of Victoria 2-Day Seminar

When: Sat 21 & Sun 22 October, 9.30am - 5pm

Where: RSL Hall, Blackburn

When: Thurs 12 October, 10–11 am
Where: Willis Room, Whitehorse City Council Civic Centre (379-397 Whitehorse Road, Nunawading)

Presented by Richard Rowe from Sustainable Gardening Australia, learn how to garden as your body ages. Morning tea provided.

Bookings essential: Click [here](#) or phone Council's Sustainability Unit on 9262 6333.

Preparing for the Summer Heat

When: Thur 12 October, 11 am–12 noon
Where: Willis Room, Whitehorse City Council Civic Centre (379-397 Whitehorse Road, Nunawading)

Learn how to beat the heat this summer with simple and cost efficient solutions. Keep your house cool and save money on energy bills. Morning tea provided.

Bookings essential: Click [here](#) or phone Council's Sustainability Unit on 9262 6333.

Whitehorse Spring Festival

Where: Whitehorse City Council's Civic Centre lawns (379 Whitehorse Rd, Nunawading)
When: Sun 15 October 2017, 10 am – 4 pm

Bring your family and friends and come and have a look at the multi-award winning 'The New Joneses'

Want to learn more about birds? The Field Naturalists Club of Victoria (FNCV) is hosting a two day seminar highlighting a variety of Victorian birds; the issues facing them, current research being undertaken and other topics.

Meet some of Australia's leading ornithologists and up and coming researchers in the field.

For further details and to register, contact the FNCV Office on 9877 9860 or email admin@fncv.org.au



**Eastern Alliance
for Sustainable Learning**

Win your school \$100 by completing a survey

The Eastern Alliance for Sustainable Learning (EASL) provides support to educators in Melbourne's eastern region to create environmentally sustainable, resilient, thriving and engaged communities.

Help them understand your organisation's sustainability education better by completing the [impact survey here](#). Your organisation will then go in the draw to win one of three \$100 vouchers for either a local indigenous nursery or hardware store of your choice.

For more information on EASL's upcoming activities and to subscribe to

demonstration sustainable tiny house.

Learn how we can all create an equitable world through fun, thoughtful and less waste. The tiny house has a floor space of just 12.5 square meters, but sleeps 4 adults and contains all the mod-cons for everyday living. See innovative sustainable features like solar panels, edible green walls, a fold down wall bed and more!



Nature Play at Wurundjeri Walk

Colours of Nature

When: Tues 17 October, 10-10.45am

Where: Meet at the car park, southern end of Orchard Grove, Blackburn South

Cost: Free

Bookings: Click [here](#) to book.

Nature play outdoors is a healthy and great way to learn about nature. Preschoolers are invited to explore the colours of nature. What are the different colours we can find? What makes these colours and can we match them?

Remember to wear suitable footwear (enclosed shoes) and bring a hat,

their newsletter, visit www.easl.com.au or find them on [Facebook](#).



Forest Hill Horticulture Centre

When: Sat 21 October, 10-11.30am

Where: 82 Jolimont Road, Forest Hill

Box Hill South Neighbourhood House

When: Sat 21 October, 11am-12.30pm

Where: 47 Kitchener Street, Box Hill South

What to bring: Vegies, fruit, herbs you have grown but don't need. Seedlings, plants, seeds, eggs, honey, straw, liquid compost (in sealed bottles), recipes etc.

Remember to water plants and seedlings, and label to ensure new gardeners are aware of what they are planting. If you're bringing unusual plants/produce, please tell us how they should be grown/cooked.

Urban Harvest is a community group sharing backyard produce and gardening knowledge. For more information email: urbanharvestswap@gmail.com

sunscreen and a water bottle. Toilet facilities are not available at this site.



Walk to School this October and be in the running for fantastic school prizes

9 October - 3 November

Involved with a local primary school? Join VicHealth's Walk to School month in October.

The City of Whitehorse is supporting local primary schools to get involved in this initiative. Walking has many benefits, such as improving fitness, confidence, friendships and the environment.

Walk to School is a fun way to help kids get the 60 minutes of exercise they need each day.

The program starts 9 October and finishes on 3 November 2017. For more information [click here](#).



Australia's first community garden turns 40!

When: Sun 22 October, 10am-3pm

Where: Nunawading Community Garden, 82 Jolimont Road, Forest Hill

Come along and celebrate Nunawading Community Garden's 40th birthday during their Open Day, which will include: Tours; gardening advice; demonstrations; stores selling seedlings, seeds and garden products; food trucks; sausage sizzle; animal farm; and children's activities.

The 'Heritage' sign will be unveiled at 11.30am.



Monday 13 - Sunday 19 November

Planet Ark's annual awareness week brings a national focus to the environmental benefits of recycling. This year's National Recycling Week events include a visit to [VISY's education centre in Dandenong](#), [a declutter workshop](#) and a ['make and mend morning'](#).



Butterflies in Yarran Dheran

When: Saturday 5 November, 10:30 - 12 noon

Where: Meet at the Yarran Dheran Information Centre, Ashburton Drive, Mitcham

Cost: Free

Join environmentalist Cecily Falkingham to learn about butterflies, their life cycle, food plants and host plants for egg laying. Yarran Dheran is home to 24 of 400 species of native Australian butterflies. See if you can spot them in a guided walk and find out how to make your own garden butterfly friendly.

Children are welcome but must be accompanied by a responsible adult

What to wear: Closed shoes

Bookings: gay.gallagher@bigpond.com

To find out more click on the event descriptions above_or call Council's Sustainability Team on 9262 6157.

Some of the top tips for recycling include:

- Do not place any plastic bags in your yellow lidded recycling bin (even if they contain recyclables).
- Remember you can recycle aluminium foil and trays – just scrunch them up loosely.